



## PUGET SOUND PREMIER LEAGUE Participation Waiver for Communicable Diseases Including COVID-19

The COVID-19 pandemic has presented athletics across the world with myriad of challenges concerning this highly contagious illness. Some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable.

While it is not possible to eliminate all risk of furthering the spread of COVID-19, the Puget Sound Premier League will take necessary precautions and comply with guidelines from the federal, state, and local governments to reduce the risks to players, coaches and support staff. As knowledge regarding COVID-19 is constantly changing, the PSPL reserves the right to adjust and implement precautionary methods as necessary to decrease the risk of exposure for our staff, players and spectators. Some precautionary methods in the PSPL's return to play plan include but may not be limited to:

1. Health screenings prior to any practice, event, or team meeting with participation in the activities being limited and/or prohibited where an individual displays positive responses or symptoms.
2. Encourage social distancing and promote healthy hygiene practices such as hand washing, using hand sanitizer, etc.
3. Educate athletes, coaches, and staff on health and safety protocols.
4. Require all athletes and coaches to provide their own water bottle for hydration.

By signing this form, the undersigned voluntarily agree to the following waiver and release of liability. The undersigned agree to release and discharge all claims for ourselves, our heirs, and as a parent or legal guardian for the player named below, against PSPL, its Board of Directors, successors, assigns, officers, agents, employees, and volunteers and will hold them harmless from any and all liability or demands for personal injury, psychological injury, sickness, death, or claims resulting from personal injury or property damage, of any nature whatsoever which may be incurred by the student or the undersigned relating to or as a result of the student's participation in athletic programs, events, and activities during the COVID-19 pandemic.

The undersigned acknowledge that participating in PSPL activities may include a possible exposure to a communicable disease including but not limited to COVID-19. The undersigned further acknowledge that they are aware of the risks associated with COVID-19 and that certain vulnerable individuals may have greater health risks associated with exposure to COVID-19, including individuals with serious underlying health conditions whose immune systems are compromised. While particular recommendations and personal discipline may reduce the risks associated with participating in athletics during the COVID-19 pandemic, the risk of serious illness, medical complications and possible death does exist.

We knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for player's participation in athletics during the COVID-19 pandemic. We willingly agree to comply with the stated recommendations put forth by the PSPL and federal, state, and local authorities to limit the exposure and spread of COVID-19 and other communicable diseases. We certify that the player is in good physical condition or believe the student to be in good physical condition and allow participation in PSPL activities at our own risk.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Player: \_\_\_\_\_ Date: \_\_\_\_\_

\*Parents/Guardians may view a full copy of the PSPL's return to play plan on our website.